



Quarterly **NEWSLETTER**

MNYPA implemented the peer support sessions in Naiku HCIII, Busano HCIII, Bumanda HCIII and Namawanga HCIII.

The MNYPA project team carried out a successful 4 days activity in the facilities mentioned above, reaching 80 young people aged 10 to 24 with unsuppressed viral load. Through peer support sessions face to face interactions and engaging team building activities, the activity involved creative thinking, self-awareness and self-care. Participants shared valuable experience and developed commitments and recommendations for improved viral load suppression some of the recommendations included; continuous follow up of the non suppressors, follow up on the young people to check if they are taking their ART medicine and to also allocate days with in the week to share their experiences.

The commitment was to work with the elected leaders of the groups they had formed so that they can carry our early mobilization which will help in reducing stigma among non suppressor.



Global Fund Youth Constituency Engagement Meeting

Support from the Uganda Network of Young People Living with HIV/AIDS (UNYPA) hosted the CCM meeting at Mbale Resort Hotel where MNYPA led the mobilization of young people who attended both physically and virtually, as well as the District HIV Focal Person, youth-led and youth-serving CSOs/CBOs in Mbale and the entire Bugisu Sub-Region. During the meeting participants engaged in discussions on key topics that included Global Fund proposal writing and Understanding and integrating SEAH policies in CBO activities.

The Regional Youth Led Dialogue on Intersectional SRHR

A dynamic one day dialogue hosted by the youth panel of the make way project recently brought together youth champions from six districts and Hon kabuusu Moses member of parliament for kalangala district, for an impact full person engagement. The fostering meaningful discussions on intersectional sexual Reproductive Health rights (SRHR) advocacy.

Key highlights of the event included expert facilitation of key performance indicators(KPIs) , empowering youth stakeholders with the tools to measure the impact and progress of their advocacy action plans. Participants also engaged in powerful storytelling, sharing their lived experiences in implementing these plno and the challenges they have encountered during the implementation of the make way project.

A significant portion of the discussion centered on the impact of the recent funding freezes on SRHR access with in the communities. Youths shared critical concerns regarding: Disruption of PMTCT services where young mothers living with HIV are facing significant difficulties in accessing essential medication and support for prevention mother to child transmission, raising concerns about increased HIV related mortality. Psychological and social consequences. Uncertainty surrounding the future of treatment adherence support services has led to increased stress anxiety and fear young people living with Hiv.

Limited access to testing kits and SRH services. The suspension of funding has resulted in a scarcity of vital HIV testing kits ,condoms, PrEP and PEP making it challenging for young people particularly those disabilities to know their HIV status and access essential prevention methods.

The engagement served as crucial platform for marginalized youth to voice their concerns and engage directly with the stakeholders, underscoring the urgent need to address the challenges impacting their SRHR access.



Conducting a review meeting with the peers of Heroes program

It was a 2 days activity and the purpose of the review was to develop a culture of continuous improvement and learning with in the heroes. Peers conducting the program engaged in peer to peer and also forced on how they had performed in that quarter and they got feedback to support individual growth and development in the program. Peers were also engaged openly and honestly in the valuable process.



Quarterly VHT performance review meeting of maternal and childhood indicators Dedicated village health team from kolonyi HC IV, Namatala HC iv and Namakwekwe convened for a quarterly performance

review meeting.

The session focused on key maternal and childhood health indicators, facilitating a through assessment of progress and identification of crucial areas for improvement.

During the meeting, VHTs shared invaluable experience and insights from their front line work. The collaborative exchange directly contributed to the deaf data driven action plan for the coming months and also ensure interventions are targeted and effective.

The discussion highlighted the roles VHTS play in safeguarding the well being of mothers and children with in their community and their unwavering commitment and tireless efforts are the cornerstone of improved health outcomes.

Key out comes and identified areas of action from the meeting included:

Service utilization. Discussions revealed that mothers receiving antenatal care at governments health facilities opt for private hospitals for child birth . Additionally Kolonyi community members show preference for Namatala health center due to perceived costs at their health facility.

And also the influence of motivation factors frontier health facilities particularly for expectant mothers was also noted.

Health care experience. The negative attitude impact of poor attitude exhibited by some health workers which has discouraged patients from returning to the health facility .

Areas of focused action.

VHT motivation. Some vhts are not actively working due to lack of motivation, a key action agreed up on was the implementation of strategies to enhance their motivation.

Immunization awareness: to address claims from some community members regarding a lack of information about Immunization, and it was agreed that VHTs will be provide with mega phones to effectively disseminate crucial information



SRHR exchange learning meeting

Women with a mission hosted a significant meeting at court view mbale, bringing together sexual and reproductive health right (SRHR) and reproductive justice advocates. The event involved a valuable environmental for cross-learning and collaboration, aiming to strengthen advocacy efforts for a more inclusive SRHR and reproductive justice landscape.

Participants activity engaged in discussions focused on consolidating advocacy for a vibrant coalition. The meeting successfully created a platform to explore strategies for building a powerful business SRHR coalition capable of collectively advocating for a favorable environment both with in mbale and beyond.

Key recommendations from the meeting include the formation of a joint resource mobilization strategy. The initiative seeks to unite eastern based organizations encouraging contributions towards the coalition to achieve greater unity and impact.

Moving forward, coalition members will focus on adopting and implementing best practices in advocacy strategies to maximize their collective effectiveness.



MNYPA

Mbale Network of Young People Living with HIV/AIDS



WE ARE

ABOUT US

Mbale Network of Young People Living with HIV/AIDS (MNYPA) is a regional network which exists to improve the quality of life for young people living with and affected by HIV in Eastern Uganda and it's driven by the needs of young people and implements an evidence based advocacy.

We are Located at Uganda Red Cross Mbale Branch, Plot 35/39 Maluku Drive, Mbale City Division, Mbale City. MNYPA was established in 2017 to respond to Sexual Reproductive Health Rights needs of young people living with and affected by HIV, Teenage Pregnancy, Gender inequality, Sexual Gender Based Violations and health problems against marginalized Groups of young people.

MNYPA has 6 programmatic areas namely; Sexual Reproductive Health and Rights, HIV related stigma and discrimination, Evidence based advocacy, Gender based Violence, Teenage pregnancy and socio-economic empowerment.

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